



Long Term Care Assistant

Reports To

Director of Facility and Resident Care or Delegate

Summary

The Long-Term Care Assistant (LTCA) role is a temporary mitigation to support the work of the Continuing Care Assistant (CCA), while facilities increase their CCA complement through the implementation of a variety of recruitment and retention strategies. The LTCA contributes an important role within the health care team. They are responsible for providing assistance with daily routines to residents along with activities of daily living. The role **does not** include provision of personal care to the residents/clients.

Core Competencies

- Service Orientation
- Decision Making
- Communication
- Respect
- Team Work
- Problem Solving
- Accountability
- Ethical
- Integrity
- Sound interpersonal skills
- Organizational skills.
- Compassion
- Integrity

Job Duties

In collaboration with support from the care team, the LTCA is responsible to the following, but not limited to duties:

- Perform light housekeeping duties such as tidying residents' rooms and collecting the garbage, cleaning closets, hanging clothing, making beds, cleaning wash basins, dental care cups, etc.

- Answer call bells and redirect when appropriate. Provide items of comfort, sitting with residents/clients and having purposeful conversations, etc.
- Assisting with the residents' dining experience under the direction of the Nurse, including but not limited to:
 - Escort residents to and from dining areas;
 - Setting up and clearing tables, pouring beverages and delivering meals to residents;
- Assist and support resident programming such as, but not limited to:
 - recreational programs;
 - visitation program
 - Assist in the preparation and cleanup of activity rooms and visit areas

Requirements

- Grade 12 education or non-academic equivalent
- Pre-employment vulnerable sector check required.
- Previous experience in senior care, group home, caring for a family member/friend will be considered an asset.
- Must be willing to gain training related to role as per the facility's policy and guidelines and as reflected in the job duties. Examples could include, but not limited to:
 - Environmental hazard awareness (WHMIS)
 - Infection control practices
 - Dementia awareness
 - Food safety.

Working Conditions:

- Physical Environment: The care environment is working with the elderly population who may have varying levels of dementia, responsive behaviours and other health conditions.
- Physical Effort: Physically demanding role which includes lifting, walking, standing, pushing wheelchairs, bending, turning, etc.
- Sensory Attention: Active listening and observation skills are required.
- Mental Pressures: Actively demonstrates an interest in engaging with a variety of residents/clients, family, visitors and co-workers.
- Working within an environment which can change at any moment and is prepared to adapt to these situations in a respectful and understanding manner.
- The ability to work required shifts: days, evenings, nights, weekends and holidays.